

France Finland Scientific Cooperation

My Research on Sport Science in 300 Seconds

Date: June 10, 09:00 – 12:00 in France / 10:00 – 13:00 in Finland

Location: Online

Speakers: Researchers engaged in sport sciences from Finland and France

Objectives:

- i. Discover research in France and Finland aimed at advancing sport sciences and among others athlete competitiveness and explore avenues for scientific cooperation.*
- ii. Highlight science communication skills through competition, echoing Paris 2024 Olympic Games.*



As the Paris 2024 Olympic Games draw near, it is a fitting time to delve into the research in sport sciences and among others innovative efforts driving high-performance sports in France and Finland. Exactly a century after the last Paris Olympic Games, where Finland achieved an impressive 2nd place and France 3rd, both nations continue to push the boundaries of athletic excellence.

From the realms of physiology, neuroscience, materials engineering, physics, and mathematics, researchers collaborate closely with sports federations to tailor training programs, prevent injuries, enhance equipment, optimize technique, and bolster mental preparation. In an era where races can be won or lost by the tiniest fractions of a second, every detail is scrutinized for its impact on performance.

Explore France and Finland's approaches! And develop your international network. Networking will be further facilitated by allowing participants to book online one-to-one meetings.

The event is open to all sport sciences. Welcome!

This event also represents a chance to improve your communications skills. Communicating science accessibly and attractively is an ever-growing priority. To resonate with Paris 2024, the event takes the form of a science communication competition, which involves producing a short piece of fun and engaging science communication that broader audiences can not only understand but enjoy. Volunteers will have 300 seconds each to present their research and convince according to *creativity, content, clarity, and performance* criteria. Volunteers may use a maximum of one slide.

Join the competition! And innovate in presenting your research.

Two winners will be distinguished, one in France and one in Finland. They will be invited to present virtually or physically if possible on June 14 as part of the [conference](#) *How research and support for athletes are embedded in a high-performance environment and should contribute to performance optimization*. The conference is organised by Jyväskylä University with participation of the French Institute of Sport (INSEP).

Volunteers are invited to submit a brief description of their communication while they register.

Useful links:

- Registration / submit your communication description: <https://forms.office.com/e/Ms7PxJNxpF>
- Online networking platform: <https://www.b2match.com/e/sport-science-in-300-seconds>
- Contact: science@france.fi

Draft Programme

Time (CET)	Content	Speaker(s)
09:00	Welcome address & introduction	Mathieu Girerd, Attaché for Science at the French Institute in Finland
09:10	Research ecosystem and specific initiatives related to Paris 2024 <ul style="list-style-type: none"> • France • Finland 	Christophe Clanet, Director of Sciences²⁰²⁴ and Research Director at LadHyX TBA
09:30	My Research Project on Sport Science Project in 300 Seconds	Researchers
11:30	Break	
11:50	Announcement of competition winners & closing words	TBA
12:00	End of event	